This 5000 year old curative practice calls for painless insertion of tiny pins into distinct points on the body. It benefits all disease, as well as emotional and spiritual imbalances.

Initial Acupuncture Session

1 hour for \$125

The initial consultation involves a review of your current complaints as well as a health history that includes past problems, lifestyle patterns, medications, allergies, and other relevant health and emotional issues. This appointment is important for discovering what your goals and aspirations are for acupuncture treatment and how we can assist and support you.

Subsequent Acupuncture Sessions

Single Session for \$80 6 Sessions for \$432 12 Sessions for \$816

Acupuncture Programs

All acupuncture programs are tailored to your needs. Our practitioner is available to answer questions and provide support to assist you in achieving your goals.

Weight Loss Program

4-week program for \$500

A combination of weekly acupuncture, Bach flower remedies and bi-weekly auriculotherapy

Smoking Cessation Program

4-week program for \$500

A combination of weekly acupuncture, Boiron homeopathic medicines and bi-weekly auriculotherapy

Equestrian Riding Enhancement Program

4-week program for \$500

A combination of weekly acupuncture, herbal supplements and yoga

Insomnia Program I

2-week program for \$500

A combination of bi-weekly acupuncture, Chinese oriental herbs and Chinese Tui-na massage twice a week

Insomnia Program II

2-week program for \$500

A combination of bi-weekly acupuncture, Bach flower remedies and Chinese Tui-na massage twice a week